

## How Do I Touch God?

Scripture used: [Mark 5:22-34 \(NLT\)](#)

### OVERVIEW

Today, Pastor Hurmon continued with the series *Power* with the sermon titled *How Do I Touch God?*. He defined power as the ability to act autonomously, influence others or the course of events. In the past sermons, we learned about four other types of power: resurrection power, worldly power, personal power, and community power. In the sermon today we learned about healing power. Jesus is still in the healing business.

### KEY POINTS

- 1) **Prerequisites for understanding prayer to consider:** Everyone that is healed in life ultimately dies. Healing is temporary. Not everyone is healed in this life, but eternal healing is available to all of us. God might not heal us, but he can extend our days. God also works through natural means, medicine, and health professionals to provide healing!
- 2) **The Invitation**
  - a) In Mark 5:22-34, we discover two types of prayer.
    - i) Jairus used prayerful words to beg Jesus to heal his daughter. "Please come and lay your hands on her," Jairus prayed.
    - ii) The woman in the crowd used prayerful actions to find healing from twelve years of bleeding. "If I can just touch his robe, I will be healed," thought the woman.
  - b) Jesus invited everyone to interrupt Him with their concerns, affirming that any moment is suitable for prayer, no matter how informal.
- 3) **The Unresolved Issues**
  - a) The woman in the crowd had many issues: she had been bleeding for twelve years, many physicians were unable to help her, her issues grew worse, she had spent all her money, and she was a social outcast.
  - b) Jesus invites us to entrust our deepest troubles to Him, assuring us that no issue is beyond His reach or care. Oftentimes, our many issues are the result of one core issue.
- 4) **The Indispensable Element**
  - a) Show up with whatever you've got - anger, confusion, doubt, questions, addiction. Showing up in prayer is essential. Jesus encourages us to actively reach out to Him in prayer by showing up. This is crucial for transformative spiritual life.
  - b) Show up for yourself and for others.
  - c) You might not experience a miracle, but you will never leave empty handed. God will provide for our needs, even when our specific prayer request may not be answered.
- 5) **Take a risk. Have faith. Show Up.**

### DISCUSSION

- 1) **HEAR** - Show up in prayer as you listen for God to speak to you. Ask Him to reveal to you areas in which you long for healing. Have you prayed before for supernatural intervention from God? Why or why not? What was the result? What do you think of this kind of prayer?
- 2) **UNDERSTAND** - Ask God to show you what is at the core of your suffering. What is the primary cause of your pain? What are the unresolved issues that have occurred because of this primary pain? What would a miracle healing look like for you? Consider [Mark 5:22-34 \(NLT\)](#) and the many instances of healing in Scripture. How do you engage with these accounts? How can these accounts practically create room in our faith for God to intervene supernaturally?
- 3) **DO** - Attend NBCC service next Sunday, May 5, and come prepared to ask God for healing (health, finances, relationships) as we participate in a time of community prayer and anointing.